

“Springy” Socks



Designed by Judy Sumner

Materials: 100 grams of fingering weight sock yarn (model shown in Plymouth Sockatta)

1 set of (5) size 1 dp needles

Gauge: 7 sts = 1” in stockinette st.

(Designer’s Note – I called these “springy” because the bands of K1, P1 rib give them kind of a look like a spring.)

Pattern Stitch:

Rounds 1-4: Knit around.

Round 5 and 6.: *K1, P1. Repeat from * around.

Directions:

Cast on 64 sts. over four needles and work K1, P1 rib for 1-1/2”. Change to pattern and work until 6” from beginning or desired length, ending with round 4. Knit across needle 1 and turn work for heel flap.

Heel Flap: Sl 1, then purl remaining sts across needles 1 and 4. Place all stitches on one needle for heel flap. (32 sts)

Row 2: (Sl 1, K1) across needle

Repeat the last two rows, completing 23 rows, ending with a purl row and right side facing you.

Turn Heel:

Row 1: Sl 1, K17, SKP (Slip, knit and pass slip stitch over), K 1, Turn work

Row 2: Sl 1, P 5, P 2 tog, P 1, Turn.

Row 3: Sl 1, K 6, SKP, K 1, Turn.

Row 4: Sl 1, P 7, P 2 tog, P 1, turn

Continue in this manner, working one more stitch before decrease on each row until all sts have been worked. 18 sts. remain.

Knit across and begin gussets.

Gussets:

Pick up 13 sts along the side of the heel flap, M 1 in loop between heel flap and instep needle, knitting sts. across two instep needles, M 1 in loop between instep needle and heel flap, pick up 13 sts. along other side of heel flap. Divide heel sts between needles 1 and 4. Work 1 row around, knitting M 1 st with the last st. on each side of the gusset and knitting sts. on instep needles.

Decrease Round: Knit to 3 sts from end of first needle, SKP, K1. Knit instep sts.

K1, K2 tog, knit remaining sts. on fourth needle.

Work one round with no decrease, knitting sts. on instep.

Repeat these two rounds until heel needles (1 & 4) have 16 sts. on each needle.

Foot: Work around as established until foot length is 1-1/2" less than desired length from back of heel.

Toe:

Decrease Round: Work until 3 sts remain on first needle, SKP, K 1.

K1, K2tog, K remaining sts on needle two.

Knit sts on needle 3 until 3 sts. remain, SKP, K1.

K1, K2 tog, K remaining sts on needle 4.

Knit two rounds.

Repeat these three rounds twice. Then work decrease round every other row three times.

Work decrease round every row until 5 sts. remain on each needle. Combine sts from needles 1 and 4 on one needle and sts. from needles 2 and 3 on one needle.

Graft toe

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