

Sport Socks



Designed by Judy Sumner

Materials: 100 grams of Cascade Fixation or other similar sport weight yarn

1 set of size 1 dp needles and 1 set of size 3 dp needles (sets of five)

Gauge: 6-1/2 sts = 1" in stockinette st.

Directions:

With smaller needles, cast on 48 sts. and work five rounds of K1, P1 rib.

Change to larger needles and work four rounds of stockinette st. Knit across needle one again and turn work for heel flap.

Heel Flap: Sl 1, then purl remaining sts across needles 1 and 4. Place all stitches on one needle for heel flap.

Row 2: (Sl 1, K1) across needle

Repeat the last two rows, completing 23 rows, ending with a purl row and right side facing you.

Turn Heel:

Row 1: Sl 1, K13, SKP (Slip, knit and pass slip stitch over), K 1, Turn work

Row 2: Sl 1, P 5, P 2 tog, P 1, Turn.

Row 3: Sl 1, K 6, SKP, K 1, Turn.

Row 4: Sl 1, P 7, P 2 tog, P 1, turn

Continue in this manner, working one more stitch before decrease on each row until 14 sts. remain.

Knit across and begin gussets.

Gussets:

Pick up 13 sts along the side of the heel flap, M 1 in loop between heel flap and instep needle, knit across two instep needles, M 1 in loop between instep needle and heel flap, pick up 13 sts. along other side of heel flap. Divide heel sts between needles 1 and 4. Work 1 row around, knitting M 1 st with the last st. on first side of the gusset and second st. on second gusset needle and knitting sts. on instep needles.

Decrease Round: Knit to 3 sts from end of first needles, SKP, K1. Knit instep sts.

K1, K2 tog, knit remaining sts. on fourth needle.

Work one round with no decrease, always knitting sts. on instep.

Repeat these two rounds until heel needles (1 & 4) have 12 sts. on each needle.

Foot: Work around as established until foot length is 1-1/2" less than desired length from back of heel.

Toe:

Decrease Round: Work until 3 sts remain on first needle, SKP, K 1.

K1, K2tog, K remaining sts on needle two.

Knit sts on needle 3 until 3 sts. remain, SKP, K1.

K1, K2 tog, K remaining sts on needle 4.

Knit one row

Repeat these two rows three more times and then work decrease row only until 4 sts. remain on each needle. Combine sts from needles 1 and 4 on one needle and sts. from needles 2 and 3 on one needle.

Graft toe

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